# entrées sides & pastas

Includes two side dishes and bread assortment 15.95 per person

beef

Beef Grilled Vegetables

- Pepper Crusted Beef

· Coiun Sliced Beef

Swedish Meathalls

· Chili-Rubbed Pork\*

- Pepper Steak

- Beef Stir Fry

- Veal Marsala\*

- Sole in Lemon Wine Butter

- Seafood in Spicy Red Sauce\*

Louisiana Crab Cakes\*

- Mussels in Saffron & Bailey's Sauce\*

Meatloaf

- Sirloin Tips in Mushroom Wine

- Grilled Rosemary Filet Mignon\*

### chicken

- · Grilled Herb
- Cajun Chicken Breast
- Chicken Sorrentino\*
- Chicken Cordon Bleu
- Chicken Parmigiana
- Chicken Francese - Chicken Piccata
- Chicken Marsala
- · Chicken Romano
- Roast Herb Chicken - Hawaiian Maui Chicken
- fish - Grilled Salmon
- Sole Francese
- . Grilled Monkfish
- Fried Colomori

\*Additional 3.00 per person

#### side dishes

- Tossed Salad
- Caesar Salad
- Garlic Mashed Potatoes
- · Oven Roasted Herb Red Potatoes
- Venetable Couscous

- Oven Baked Potatoes
- Wild or Saffron Rice
- Rice Florentine
- Brown or Basmati Rice Escarole or Spinach Sautéed
- · Lemon Broccoli Spears
- Garden Vegetable Medley
- Grilled or Steamed Vegetables
- Rice Pilat

Includes green salad and bread assortmen 11.95 per person

rigatoni with arugala Roasted peppers, mushrooms

and smoked mozzarella penne pasta primavera

Fresh garden vegetables in light tomato basil sauce fettuccine alfredo

meat or vegetable

with chicken With sun-dried tomatoes

lasagna Like mama made! rigatoni siciliano

penne italiano

Salami, roasted peppers,

black olives sun-dried & roasted

tomatoes, pesto and shaved

parmeson cheese

a la vodka Eggplant, fresh mozzarella, basil and portabella mushrooms

heros boxes & hors d'oeuvres

NY style 2, 4 and 6 foot heros Includes a choice of one side dish and sours tray

> Italian style, American style or design your own 31.95 per foot

### food boxes a complete meal in a box

breakfast box 8.95 per person Breakfast sandwich, whole fruit, granola bar or vogurt in a beautiful single serve box ready to go!

lunch box 9.95 - 12.95 per person Sandwich or wrap, dirty chips, side salad, pickle, fresh baked cookie or whole fruit in a beautiful single serve box for a meeting, with less mess, or on the go!

All box lunches include condiments and paper goods

### hors d'oeuvres chef's favorites

- · Franks in Puff Pastry
- Roasted Vegetable & Dill Havarti in Puff Pastry
- . Tomato & Mozzarella on Pesto Crostini
- · Grilled Parmesan Chicken on Garlic Crostini
- Filet Mignon with Horseradish Sauce on Garlic Crostini
- Grilled Tuna with Lemon Herb Sauce on Garlic Crostini
- Smoked Salmon with Dill Havarti Tartlet
- Poached Shrimp Skewer with Spicy Cocktail Sauce
- Crab Cakes with Orange Marmalade Tartar Sauce
- Mini Assorted Quiches
- Potato Puffs
- Mini Potato Pancakes
- Chicken Fingers
- Fresh Mozzarella & Potato Kabobs
- Beef Wellington Bites

Please call for a price quote or to customize a menu that will suit your needs

### oven roasted whole turkey 8.95 per pound

Includes homemade gravy and cranberry sauce (raw weight) Add 19.95 for carving, put back on the frame and decorated in a heautiful hasket

All orders come beautifully arranged and with serving utensils. Need paper goods? For plates, nankins and eating utensils, just add 99¢ per person

## desserts

& bakery cakes

## dessert platters

bakery cookie tray 3.95 per person

cookie and brownie platter 4.95 per person Brownies, blondies, chocolate chip, macadamia nut and oatmeal cookies garnished with fresh fruit

dessert tray 5.95 per person Assorted pound cakes, brownies and rugulah garnished

mini pastry tray 7.95 per person Mini fruit tarts, éclairs, cannolis and Italian pastries, garnished with fresh fruit and berries

shot glass desserts 2.95 each Made fresh with assorted fillings

fresh fruit & cream parfait 2.95 each Your choice of strawberries, blueberries or blackberries

- Strawberry Shortcake
- Triple Chocolate Torte
- · Carrot Cake
- · Cannoli with Whipped Cream
- · Cappuccino Cake
- · Bavarian Cream with Bananas
- · Chocolate Butter Cream
- Tiramisu
- · New York Style Cheese Cake

Small 8" - Serves approximately 10 people Medium 10" - Serves approximately 18 people Large 12" - Serves approximately 26 people

Price varies by cake Sheet cakes available for larger parties upon request Please allow 48 hours when ordering

#### **OUR COMMITMENT**

We help you to look good! When you need catering for 8 to 800 Tower Deli can fulfill your every need! We will create a special menu just for you. Breakfast, Lunch, Brunch or Dinner Catering. We can satisfy your special or last minute needs. Pick up or delivery. No event is too big or too small. Celebrating corporate events to special family get-togethers. Tower Deli Catering is always beautifully wrapped and garnished with fresh fruits. Presented on lovely wicker trays or baskets. You are always satisfied when you receive or send Tower Deli Caterina





## Catering Menu

954,452,8202 Fax 954.452.3987 2315 South University Dr. **Davie, FL 33324** 

#### **LAST MINUTE LUNCH**

POP UP MEETING - WHOOPS! I FORGOT TO PLACE THE ORDER GIVE US A CALL. WE'LL TAKE CARE OF THE REST!

Open 7 Days & Holidays

Breakfast • Lunch/Brunch Dinner • Catering Pick-Up or Delivery **Healthy Options Available** 

On-line Ordering www.fowerdelf.com

## breakfast & sumptuous additions

### bagel break 4.95 per person

An assortment of our fresh bagels arranged in a basket and decorated with fresh fruit, served with cream cheese, butter and jelly

### breakfast bakery tray 5.95 per person

An elegant display of our freshly baked bagels, muffins, danish and croissants, beautifully arranged and garnished with fruit, served with assorted cream cheese, butter and preserves

mini breakfast bakery tray 7.95 per person
Same as above but miniature

healthy breakfast 7.95 per person
Low-fat yogurt, granola, fresh fruit salad and honey

breakfast egg sandwiches 8.95 per person Assorted egg sandwiches on breads, bagels and wraps, served with home fried polatoes

#### warm things up with tower's buffet

hot breakfast 8.95 per person

Scrambled eggs served with two of the following: bacon, sausage or ham and oven roasted potatoes, bagel and roll assortment

Pancakes or corn flake encrusted challah French toast with bacon, sausage or ham and pure maple syrup

- Add scrambled eggs 2.95 per person
- Add French toast or pancakes 3.95 per person

Add coffee or Fresh squeezed orange juice to your breakfast selection 1.95 per person

## sumptuous additions

seattle's best coffee & tea service 2.49 per person

Package includes: cups, milk, sweeteners and stirrers

fresh squeezed orange juice 2.45 per person pitcher (Serves 10 people) 19.95

fresh fruit salad 3.95 per person

A selection of cantaloupe, honeydew melon, pineapple, grapes and seasonal fruits and berries

fresh fruit salad bowl 39.95 (Serves 10-12 people)
Our delicious fruit for your group

Chafing stands are loaned to you and a refundable deposit is included in the price

## sandwich wraps & paninis

sandwich, wrap & panini tray 9.95 per person Served with sours tray

With a choice of one side salad 2.00 extra per person With a choice of two side salads 3.00 extra per person

Assorted sandwiches, wraps and paninis, decorated on a tray with your choice of one side salod. Served with our famous cookie and brownie tray

soup & sandwich 10.95 per person Tureen of soup with your choice of half sandwich, wrap or panini Includes a choice of side salad, served with sours tray

Salad Choices: Cole slaw, potato, macaroni, health or pasta, tossed or caesar salad

in addition to our everyday assortment of sandwiches, wraps & paninis, here are some of our signature selections:

roasted grilled chicken paillard
Grilled herb chicken, ham, tomato, mesclun greens
and lemon mayo on foccacia

grilled breast of chicken
Tomato, lettuce and herb mayo on baquette

smoked turkey breast

Brie, mesclun greens and honey mustard on black bread

roast turkey

Fresh roasted turkey breast, lettuce, tomato, cracked black pepper and mayo on ciabatta

tarragon turkey salad Sprouts, in spinach wrap

prosciutto & fresh mozzarella
Roasted peppers and pesto mayo on sourdough baquette

italian hero

Prosciutto, salami, cappicola, provolone, lettuce and tomato on semolina with oil and vinegar

french ham & cheddar
Apple and walnut gioli and mesclun in wrap

rosemary roast beef

Lettuce, tomato, caramelized onions and dijon mayo on rye bread

grilled chicken caesar wrap

Grilled chicken, romaine hearts, roasted peppers and our caesar dressing

white tuna salad

Carrots, peppers, lettuce and tomato on 7 grain club roll

roasted vegetable

Yellow and red peppers, zucchini, yellow squash and grilled tomato on focuccia with pesto

fresh mozzarella & vine-ripened tomato
Fresh basil and olive oil on sourdough baguette

grilled portabella mushroom

Goat cheese, roasted peppers, mesclun greens and balsamic reduction on ciabatta

## salads & cold pastas

tower deli's

signature salad trio platter 10.95 per person
Our homemade tuna, chicken and egg salad in a wicker basket
garnished with fresh garden vegetables, served with
your choice of: bagets, rolls and breads
Includes lettuce, tomato, onion platter and sours troy
With a choice of one side salad 2.00 extra per person
With a choice of two side salads 3.00 extra per erson

## White fish, baked salmon or shrimp salads available for an additional charge

mesclun greens salad 6.95 per person
With garlic crostini and balsamic vinaigrette

caesar or greek salad 7.95 per person
With grilled chicken 3.00 extra per person
With grilled shrimp 4.00 extra per person
With grilled steak 5.00 extra per person

pear & gorgonzola salad 7.95 per person Baby greens and walnuts

roasted vegetable

Couscous salad 9.95 per person

Roasted eggplant, zucchini, yellow squash, peppers and fennel
with olive oil and balsamic reduction over field greens

fresh mozzarella

& beefsteak tomatoes 7.95 per person
With fresh basil and olive oil

Above salads are served with assorted breads

yukon gold potato salad 4.95 per person In rosemary dill dijon dressing Add shrimp 4.00 per person

red bliss potato salad 3.95 per person White wine dijon dressing

# cold pasta cold pasta

penne pasta

with sun-dried tomatoes 5.95 per person With fresh basil and grated parmesan

Farfalle with pesto & pine nuts 6.95 per person
With grape tomatoes and roasted peppers

fusilli with roasted eggplant 7.95 per person With cherry tomatoes, pine nuts, currants, parmeson, basil, mint and balsamic vinaggrette

Sesame pasta capellini 7.95 per person
Assorted string vegetables, scallions, red and yellow peppers
in our own sesame teriyaki sauce

Above pastas are served with garlic sticks

# party tray

fruit and berry platter 6.95 per person
A beautiful assortment of seasonal fresh fruit sliced and arrange

fresh vegetable crudite 6.95 person
A luscious assortment of bite-sized garden vegetables with our own spinach and vegetable dip

gourmet cheese 6.95 per person
Assorted imported and domestic cheese garnished beautifully
in a wicker basket. Served with focaccia cubes or crackers

cheese & fruit 9.95 per person Fresh fruit with imported and domestic cheese garnished with seasonal berries, served with focaccia cubes or crackers. Additional cheese options available upon request

cheese & crudite 9.95 per person Imported and domestic cheese served with bite-sized fresh vegetables, spinach vegetable dip and focaccia cubes

assorted meats platter 10.95 per person
Rost and smoked turkey breast, block forest hom, rare roast beef
and salami with breads, rolls, sours assortment, lettuce,
tomato, onion tray and condiments.
With sliced cheeses 1.00 extra per person
With one side dish 2.00 extra per person
With two side dishes 3.00 extra per person

traditional deli platter 11.95 per person
Pastrami, corned beef, turkey breast and roost beef with rye,
pumpernickel breads and rolls, sours assortment, lettuce,
tomato, onion tray and condiments.
With one side disha 2.00 extra per person
With two side dishas 3.00 extra per person

smoked fish platter 16.95 per person
Smoked salmon, baked salmon, white fish and sable,
beautifully arranged and garnished with capers, olives, lemons
and pepper rings, accompanied with assorted bagels,
cream cheese and a lettuce, tomato and onion tray

chicken trio 11.95 per person Grilled herb, honey dijon and pesto chicken breast and breads With one side dish 2.00 extra per person With two side dishes 3.00 extra per person

grilled roasted vegetables & mozzarella platter 10.95 per person Served with pesto dip, garlic sticks or rolls

focaccia fingers 6.95 per person
Assorted and decorated bite-sized sandwiches or pinwheel wrap bites

mediterranean dip 7.95 per person Hummus or baba ghanouj served with pita wedges

mexican 5 layer dip 7.95 per person Served in glass bowl with multi-color tortilla chips