

Tower Lighter Side

Chef Salad

Fresh Sautéed
Lentils, Vegetables, Egg,
Turkey, Ham, Pesto Beef &
Swiss Cheese
12.99

Cesear Salad

7.99
With Grilled Chicken Add 4.49

Chopped Garden Salad

8.99
With a Large Soup of Egg, Tuna,
Chicken Salad or Grilled Chicken Breast Add 4.49

Greek Salad

Romaine Lettuce with Olives, Onions, Tomatoes,
Stuffed Grape Leaves, Cucumbers, Feta Cheese
& Herb Dressing 11.99
With Grilled Chicken Breast,
or Sausage of Tuna or Chicken Salad
Add 4.49

Cobb Salad

Toped salad with Bacon,
Eggs, blue cheese, hard
boiled egg, avocado &
grilled chicken 12.99

Chopped Turkey Club Salad

Turkey, Bacon, Muenster Cheese, Tomato,
Cucumbers, Onions & Carrots, Chopped & Served Over
Shredded Greens & Croutons
12.99

Tomato Supreme

Egg, Tuna, or Chicken Salad
in a Tomato, with Pesto Salad
and Cole Slaw
11.99

Turkey Slim Line

Sliced Turkey with Fresh
Fruit Salad & Cottage
Cheese on a Bed of Lettuce
11.99

Diet Burger Plate

Burger with Choice of Fresh Fruit Salad
or Raw Vegetables &
Large Scoop of Cottage Cheese
12.99

Salad Combo Specials

Large
House
Salad
8.99

Soup &
Salad
11.99

1/2 Deli
Sandwich
& Soup
or Salad
11.99

Cottage
Cheese
& Salad
10.99

Fresh Fruit Salads

Fresh Fruit Salad Bowl	3.99
Cantaloupe or Melon	3.99
Cottage Cheese & Fruit Salad	9.99
Cottage Cheese & Half Melon	9.99
Fresh Fruit Salad or Melon	12.99
With Egg, Tuna or Chicken Salad	12.99
Fresh Fruit Salad or Half Melon	12.99
With Fresh Shrimp Salad, Served on a Bed of Lettuce	12.99

Create Your Own Salad

Choose Your Base Salad: Mixed Greens, Romaine or Spinach 3.99

Choose Chopped or Tossed Choose Add on Items to Your Creation

1.99¢ each

Avocado
Bacon
Cherry Tomatoes
Craisins
Sun-dried Tomatoes
Blue Cheese Crumbles

99¢ each

Diced Tomatoes
Chickpeas / Green Peas
Sliced Peppers
Walnuts / Raisins
Sliced Mushrooms
Alfalfa Sprouts
Shredded Carrots
Broccoli / Cucumber
Celery / Corn
Croutons
Chinese Noodles

2.99 each

Fresh Mozzarella
Albacore Tuna
Herb Grilled Chicken
Cajun Grilled Chicken
Breaded Chicken
BBQ Chicken
Basil Pesto Chicken
Smoked Turkey
Turkey
Feta Cheese

Choice of Dressings: Honey Dijon, Caesar, Balsamic Vinaigrette, Oil + Vinegar, Balsamic Vinaigrette, Sesame Ginger, Creamy Italian, Blue Cheese, Ranch, Golden Italian, Greek, Russian & French.
Not Free Dressings: Raspberry, Hot Fat Lemon Herb Vinaigrette & Low Fat Ranch.

Beverages

	Small	Regular	Large
Grapefruit Juice - Fresh Squeezed	1.99	2.99	3.99
Orange Juice - Fresh Squeezed	1.99	2.99	3.99
Apple Juice	1.99	2.99	3.99
Tomato Juice	1.99	2.99	3.99
Milk - Regular or Skim	1.99	2.99	3.99
Chocolate Milk	2.29	3.29	4.29

Fountain Soda (Free Refills) 2.99
Coke, Diet Coke, Sprite, Soften,
Fruit Punch & Raspberry Iced Tea

Bottle Soda 2.29
Coke, Diet Coke, Coffee-Free Diet Coke, Sprite,
Diet Sprite, Coke Zero & Cherry Coke

Dr. Brown's Can Soda 2.29
Black Cherry & Cream Raspberry or Diet
Coke Zero & Root Beer Regular Only

Fresh Squeezed Bottled Juice 2.99
Orange, Grapefruit, Tangerine,
Lemonade & Fruit Punch

Minute Maid Bottled Juice 2.49
Apple, Cran-Apple-Raspberry,
Ruby Red Grapefruit & Cran-Grass

Yoo Hoo
2.49

Bottled Milk
1.99

Chocolate Milk
2.29

Bottle Water
1.59

Vitamin Water
2.49

Power Ade
2.49

Red Bull
2.99

Bottled Peak Iced Tea
2.29

New York Egg Cream
3.49

Coffee & Specialty Drinks

HOT BEVERAGES

*House Blend Coffee 2.49
*Decaf Blend Coffee 2.49
Flavored Coffee 2.49
Hot Tea 2.49
Herbal Tea 2.49
Espresso 2.99
Cappuccino 3.99
Cafe Latte 3.99
Mocha/Java 3.99
Hot Chocolate 2.79

COLD BEVERAGES

Iced Coffee/Tea 2.99
Iced Cappuccino 4.99
Iced Mocha/Java 4.49

Sides

Bogel Chips	1.99
Dirty Potato Chips (Any Flavor)	1.29
Fruit Topping	1.99
Bacon or Sausage	2.99
Ham Slice	3.99
Ham Steak	5.99
Corned Beef Hash	4.99
Home Fries, Grits or Omelet	1.99
Potato Pancake(1)	2.99
French Fries	2.99
Onion Rings or Sweet Potato Fries	3.99
Baked Beans	2.99
Cole Slaw, Potato or Macaroni Salad	2.29
Pasta Salad	2.49
Novo or Lox - Slices Only Tax.	7.99

Pickle - Sour or Half Sour	.99
Sauerkraut	.99
Plain Cream Cheese	1.79
Sauerkraut or Vegetable Cream Cheese	2.29
Cinnamon Cream Cheese	2.29
Navo Cream Cheese	3.29
Sour Cream	1.49
Cottage Cheese - Low Fat Scoop	2.99
Spanish Sauce	1.99
Sauerkraut Mushrooms	1.49
Tomato	1.29
American Cheese	1.29
Swiss, Muenster or Provolone Cheese	1.49
Smoked Gouda Cheese	2.29
Fresh Mozzarella or Brie Cheese	2.99

Desserts

Black & White Cookie	2.99	Muffin	2.99
Brownie	2.99	Danish	2.99
Half Melon (in season)	3.99	Apple Sauce	2.99
Fresh Fruit Salad Bowl	3.99	Chocolate Pudding	2.99
Rice Pudding	2.99	Chocolate Chip Cookie	2.99
Our Tower Deli Recipe Rugelach (3 pieces)	2.99	Fruit Loop Square	2.99

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

TOWER DELI CATERING • DINER

On-line Ordering
www.towerdeli.com

Breakfast, Lunch, Deli & Fun!
2315 South University Drive, Davie
On the West Side of University Just South of I-595
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Breakfast
Served All Day

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Freshly Baked Bagels
Bakery Items
Appetizing

Breakfast Served All Day

Egg Sandwiches

Egg Sandwich	4.59
Egg & Cheese Sandwich	5.59
Egg & Cheese Sandwich with Meat	6.79
Served on a Croissant	.75

Egg Platters

2 Eggs any Style	7.49
2 Eggs & Bacon, Ham or Sausage	8.99
Potato Scramble (no side choice)	7.49
Diced Ham Scramble	8.99
Corned Beef Hash & 2 Eggs	9.99
Ham Steak & 2 Eggs	10.99
Roumanian Steak & 2 Eggs	12.99

JUMBO 3 Egg Omelettes

Plain Omelette	8.49
American Cheese Omelette	8.99
Swiss, Muenster or Provolone	9.49
3 Cheese Omelette	9.99
Spinach & Feta Cheese Omelette	10.49
Bacon, Ham or Sausage Omelette	9.49
Ham, American & Tomato Omelette	9.99
Peppers, Sausage & Onion Omelette	10.49
M & M Mushroom & Muenster Omelette	10.49
Salami Omelette	10.99
Corned Beef or Pashami Omelette	11.99
Deli Meat Omelette (any 3 meats)	12.99

Waffles
Hot, Cornish & Strawberry 9.99

Banana's
Topped 10.99, Plain 11.99, Nuts 12.99, Grilled 10.99, Saus 12.99, Flavors 10.99

Mini Pancakes
Flavors of Pancakes with Syrup & Cream 12.99

Smoothies
Fresh Vegetables in a Soft Saus 9.99

Mozzarella
With Grilled Chicken 9.99, With Ham & Cheese 12.99

Mini Pancakes
Assorted Size 7.99, With Syrup & Cream 12.99

Create Your Own Veggie Omelette

Spinach, Broccoli, Green Pepper, Onion, Tomato, Mushroom or American Cheese.
Any 1 Item Above 8.99 Any 5 Items Above 10.99
Any 2 Items Above 9.49 **All Items Above 11.49**
Any 3 Items Above 9.99
Any 4 Items Above 10.49

All Platters & Jumbo 3 Egg Omelettes include:

Bagel, Toast, English Muffin, With Plain Cream Cheese, Butter & Jelly.
And Side Choice of Home Fries, Grits, Oatmeal or Tomato
Or Substitute Grilled Vegetables for 2.49
Any Flavor Cream Cheese for above add .99
Egg Boosters or Egg Whites for above add .50

3 Pancakes 8.99
Short Stack 9.99

French Toast
With Choc & Corn Flakes
Our Famous Recipe 9.99

Belgian Waffle 7.99

3 Cheese Blintzes
with soft cream and fruit
topping of your choice 8.99

Oatmeal
Rolled only with raisins
and brown sugar 3.99

Ace
1 Egg, 1 Pancake or French Toast
1 Bacon and 1 Sausage 8.99

Deuce
2 Eggs
2 Pancakes or French Toast
2 Bacon and 2 Sausage 12.99

Waffle
(Includes your Waffle)
Ace 10.99
Deuce 14.99

Fruit Topping for Pancakes, French Toast or Belgian Waffle Add 1.99

Fresh Baked Bagels

Plain, Poppy, Sesame, Onion, Lili, Salt, Garlic, Marble, Pumpkin Seed, Multigrain, Egg, Raisin, Bialy & Famous Tower Munchies

Butter	1.99
Honey Butter	2.99
Plain Cream Cheese	2.99
Sauflon Cream Cheese	3.99
Vegetable Cream Cheese	3.99
Nova Cream Cheese	4.99
Walnut Raisin Cream Cheese	3.99
Low-Fat Plain Cream Cheese	3.99
Peanut Butter	3.99

Smoked Fish Platters

Fish Platters served on a Fresh Bed of Lettuce, Tomato, Cucumber, Onion & Garnish.

Choice of Bagel & any Flavor Cream Cheese.

Nova Sandwich
Open Face or Sandwich
Lettuce or Tomato & Onion
Any Flavor Cream Cheese 11.99

Fish Platter
Choice of any 3 Fish
For 1 25.99
For 2 30.99

Pickled Herring in Cream Sauce	10.99
Lox or Nova	10.99
Baked Kippered Salmon Chunk	10.99
Smoked Whitefish Chunk	14.99
Smoked Sable	16.99

Specialty Sandwiches

Heros

The Spicy Roast Beef
Roast Beef, Pepper Jack Cheese
Lettuce, Tomato & Pappadish Sauce 12.99

The Italian Combo
Cappicola Ham, Genoa Salami,
Pepperoni, Provolone, Sweet Roasted
Peppers, Lettuce & Italian Dressing 11.99

The Thanksgiving Turkey
Roast Turkey Breast, Cheddar Cheese,
Sweet Roasted Peppers, Lettuce &
Cranberry Sauce 12.99

Hot Heros 12.99
Served with Fries
Philly "Hot" Cheesesteak
or **Chicken Parmigiana**

Wraps

The New Yorker 12.99
Pastrami, Swiss, Cole Slaw, Roasted Sweet
Peppers, Lettuce & Russian Dressing.

Chicken Caesar Wrap 9.99
Grilled Chicken Breast Topped with Crustons,
Crispy Romano, Lettuce & Caesar Dressing.

The Turkey Ranch 12.99
Sliced Turkey Breast, Avocado, Bacon,
Cheddar, Lettuce & Ranch Dressing.

Mediterranean Grilled Chicken 12.99
Grilled Chicken, Lettuce, Tomato, Cucumbers,
Feta, Olives & Hummus.

Mini Double Play 12.99
Mini Triple Play 14.99

Double Play is Choice of Any 2
Triple Play is Choice of Any 3
Tower Delicious Salads or Deli Meats
Sandwiches Served on Fresh Mini Rolls
Extra Slice of 10 Cal Meat & Hard Salami Add 1.99

All Specialty Sandwiches include:
Cole Slaw, Potato Salad,
Macaroni Salad or Pasta Salad
The Following is Included on Request Only:
Lettuce, Tomato, Onion,
Sweet or Hot Peppers.

Deli Meat Sandwiches

Salami	9.99	Turkey Breast	11.99
Ham Salami	10.99	Smoked Turkey	10.99
Hot Corned Beef	10.99	Smoked Turkey & Brie	11.99
Hot Extra Lean Corned Beef	12.99	Tongue	12.99
Hot Pastrami	11.99	Tip Bologna	13.99
Turkey Pastrami	10.99	Ham Virginia Style	10.99
Hot Brisket of Beef	11.99	Ham & Any Flavor Cheese	11.99
Roast Beef	11.99	Cheese (any flavor and grill) 8.99	

Sub or Sandwich - Build Your Own

Any 2 Meats or Salads: 13.99 Any 3 Meats or Salads: 15.99
Combine any Deli Meats or Salads with the following Included on Request: Lettuce, Tomato, Onion, Hot or Sweet Peppers & Cheese
Extra Lean or 1st Cut Meats & Hard Salami Add 1.99

Above Included on Request: Lettuce, Tomato, Onion, Hot Peppers & Sweet Peppers. Choice of Bagel, White, Wheat,
Rye Bread, Kaiser Roll, Sub Roll or 7 Grain Hero. Includes Pickle.

Add: Bag of Chips .99 Side of Fries 2.99 Sweet Potato or Curly Fries 3.99

Ciabatta

Grilled Veggie 12.99
Grilled Bell Peppers, Squash, Onions,
Fresh Mozzarella & Pesto Sauce.

Grilled Chicken Romano 12.99
Grilled Chicken Breast, Soy Dried Tomatoes, Provolone
with Fresh Greens & Lemon Mayo.

Black Forest Ham & Brie 11.99
Black Forest Ham, Brie, Roasted Sweet Peppers,
Field Salad & Honey Mustard.

Salad Sandwiches, Wraps or Platters

Wrap or Sandwich	Platter
Egg Salad	8.99 9.99
Tuna Salad	9.99 10.99
Chicken Salad	9.99 10.99
Whitefish Salad	10.99 12.99
Shrimp Salad	11.99 12.99
Chopped Liver	10.99 11.99

Platters Include:
A Jumbo Scoop of our Homemade Salad,
Placed on a Bed of Crisp Lettuce, Vine-Ripened Tomatoes,
Crispy Cucumber, Carrot, Onion & Olives,
and Served with Your Choice of Bread.

Clubs

Egg Salad Club
Crisp Bacon,
Lettuce & Tomato on Toast 10.99

Turkey Breast Club
Crisp Bacon, Lettuce &
Tomato on Toast 12.99

Chicken Salad Club
Crisp Bacon, Lettuce &
Tomato on Toast 11.99

Tuna Salad Club
Crisp Bacon, Lettuce &
Tomato on Toast 11.99

Signature Paninis 10.99

Served Grilled & Hot With Field Salad

Italiano

Cappicola Ham, Genoa Salami, Pepperoni
& Provolone Cheese, with Italian Dressing.

Tuscan

Fresh Mozzarella & Vine Ripened Tomatoes
with Fresh Basil Pesto and Field Greens.

Chicken Pesto

Sliced Pesto Chicken Breast with
Sundried Tomatoes & Mozzarella.

Southwestern Turkey

Cajun Turkey Breast, Cheddar Cheese,
Guacamole and Ranch Dressing.

Roast Beef Melt

Oven Roasted Beef with Mushrooms,
Caramelized Onions, Roasted Peppers,
Melted Swiss and Russian Dressing.

Tuna & Bacon Melt

Our Famous Tuna Salad with
Swiss and Bacon.

Smoked Turkey Brie

With Apple and Honey Mustard.

Grilled Portobello

With Goat Cheese, Roasted Peppers &
Balsamic Reduction.

Healthy Chicken Parm

Grilled Chicken, Marinara, & Mozzarella Cheese

From the Grill

Beef or Turkey 1/2 lb Burgers

Burger	10.99
Cheeseburger (Any Cheese)	11.99
Bacon Cheeseburger	12.99
Mushroom & Cheeseburger	12.99
Bacon, Mushroom & Cheeseburger	13.99
Sautéed Onions add	.99

Chicken

Grilled Chicken Sandwich	10.99
Chicken & Cheese	11.99
Chicken, Cheese & Bacon	12.99
Chicken, Cheese & Mushroom	12.99
Chicken, Cheese, Mushroom & Bacon	13.99
Grilled Onions add	.99

Hot Dogs

Hot Dog (only, no side choice)	4.99
Hot Dog (sausage or regular) & Fries	6.99
2 Hot Dogs & Fries	11.99

Baked Beans may be substituted for French Fries

Grilled Cheese

American Grilled Cheese Sandwich	8.99
Add Tomato	.99
Add Bacon or Ham	1.49
Add Swiss or Muenster	.99
Turkey, American & Avocado Melt	12.99

Chicken Fingers

Honey Mustard, Barbecue Sauce
or Sweet & Sour Sauce.
Fries, Pickle & Side Salad.
11.99

Melts

Patty Melt	11.99
Tuna Melt	11.99
Turkey Melt	12.99

Served on Fresh Grilled Rye Bread
with American Cheese & Grilled Onions.

B.L.T.

Crisp Lettuce, Bacon &
Tomato on Toast
Served with a pickle 9.99

Reubens

Pastrami (Corned Beef) 13.99
Rochel (Pastrami) 13.99
Turban (Turkey) 13.99
Served on Grilled Rye Bread Topped
with Swiss Cheese & Sauerkraut

Any Item From The Grill: Includes Side Salad and Fries
Side Salads: Cole Slaw, Potato, Macaroni or Pasta.
Included on Request Only: Lettuce, Tomato & Onion
Burgers & Chicken Sandwiches are Served on a Challah Bun.

Tower Deli Homemade Specials

Soup Bowl

Chicken Noodle	4.99
Noto Ball	5.99
Soup of the Day	5.99
Extra Noto Ball	1.29
Take Home a Quart	
Chicken Noodle	9.99
Noto Ball	10.99
Soup of the Day	10.99

Knishes

Potato or Spinach
3.99
**Fried Coney Island
Style Potato**
2.99

Potato Pancakes

Full Order (4)
10.99
Half Order (2)
5.99
Served with Apple Sauce
or Sour Cream.